



Heroes Centre Ltd

Heroes Centre Ltd
Bentley Lane Industrial Park
Bentley Lane
Walsall
WS2 8TL

01922 322411

Dear Parents/Guardians,

We hope this message finds you well. We would like to share with you the schedule for tomorrow's home education session, where all children will be grouped into the following:

Ages 5-11 - With Shruti

Ages 11+ - With Nile

Schedule for Tomorrow 10:00 AM - 02:00 PM

Activities led by Nile

Activity 1: Expressive Art Exploration

In this session, we will dive into the world of expressionist art. The children will discover what it means to be an expressionist artist and explore the basic emotions that can be translated and demonstrated through art and creativity. We will also briefly learn about famous artists in this field. Using only primary colours, the children will have fun discovering primary and secondary colours while creating their own expressive artworks.

Activity 2: Engaging the Senses

During this session, we will delve into our five basic senses. Through interactive worksheets and puzzles, the children will have the opportunity to explore and understand each sense—sight, hearing, taste, smell, and touch. This activity will enhance their sensory awareness and appreciation of the world around them.

Activity 3: Designing 3D Star Nets

After lunch and break, we will engage in a hands-on activity where the young learners will design their own 3D star nets. They can take their creations home or use them to decorate the centre. This activity encourages spatial reasoning, creativity, and fine motor skills.



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Activities led by Shruti

Activity 1: Dodgeball

Get ready for an exciting game of Dodgeball! The children will participate in this high-energy and fun-filled activity that promotes teamwork, coordination, and physical fitness. They will learn important skills such as throwing, catching, and strategizing while enjoying the thrill of the game.

Activity 2: Garba Dance (Clap Dance)

Immerse yourselves in the vibrant and rhythmic world of Garba Dance, a traditional Indian dance form. The children will learn the basic steps, hand movements, and footwork while clapping to the lively beats of the music. Garba Dance not only encourages physical movement and coordination but also introduces them to different cultural forms of expression.

Activity 3: Introduction to Solar System and Coloring Planets

In this session, the children will embark on a journey through our fascinating Solar System. They will learn about the various planets, their characteristics, and their positions in the Solar System. Afterwards, they will engage in a colouring activity where they can bring the planets to life using their imagination and artistic skills.

Activity 4: Drama

Let the young actors and actresses shine in our Drama session! Through interactive games and improvisation exercises, the children will explore their creativity, imagination, and storytelling abilities. They will have the opportunity to act out different scenarios, express emotions, and work collaboratively as a team. Drama helps build confidence, communication skills, and self-expression.

These activities have been thoughtfully designed to provide an enriching educational experience, fostering creativity, sensory development, and cognitive skills. Please ensure that your child is ready and prepared to participate in each session.

If you have any questions or concerns, please don't hesitate to reach out to us.

Best regards,
Heroes Centre LTD